

Red/Yellow/Green Behaviors

Instructions

- Review these behaviors, then choose a variety to read aloud. (It is not necessary for all to be used.)
- As participants respond, ask
 - Why did you choose the circle you are in?
 - If in yellow—what questions might you need to ask to check in with a partner at this point?
 - What would cause this situation to turn into a different color?
- If participants do not correctly identify the behavior as Red/Yellow/Green, share the correct response and discuss why the behavior fits there.

Red	Yellow	Green
Someone is under the influence of drugs or alcohol	Not initiating any sexual activity	Saying, "Yes!"
Saying, "I want to do this but not right now"	Direct eye contact	Saying, "I'm sure"
Someone is asleep	Silence	Saying, "I want to..."
Crying and/or looking sad or fearful	Saying, "I'm nervous"	Someone initiating sexual activity
Saying, "This feels wrong"	Saying, "I thought I wanted to, but..."	Pulling someone closer
Saying, "No"	Avoiding eye contact	Actively touching someone
Saying, "I'm uncomfortable"	Saying, "I love you, but..."	Nodding yes
Just lying there or not moving	Avoiding touch	Saying, "Can you please do...?"
Pushing someone away	Saying, "Do you have protection?"	Sounds of enjoyment like a satisfied hum or moan
Making excuses like "it's getting late... I should probably get going."	"Closed" body language (like tense, stiff or closed arms and legs, tight facial expression, turning away from someone)	"Open" body language (like relaxed, loose and open arms, relaxed facial expressions, turning towards someone)
Saying, "I want you to get tested first"	Saying, "I'm not sure if I'm ready"	Actively participating in the sexual activity
Shaking head, "No"	Laughter and/or smiling	Saying, "That feels good"
Sound of fear or sadness like whimpering or a trembling voice		
Being under the age that they can legally give consent		